

Accelerated Cook



A **Cook** prepares complete meals or individual dishes and food items, plans menus, estimates food requirements and costs, monitors and orders supplies. This program provides an opportunity for students to begin “Level One” of their in-school apprenticeship training at the Mohawk College – Cathedral High School Campus and work as apprentices in a variety of high-end restaurants.


In this program, students work towards the completion of their “Level One” in-school apprenticeship training in order to pursue a career as a Cook. The education and training opportunities are provided at the Mohawk College – Cathedral High School Campus, and, in cooperation with the Chef Alliance of Canada, students are placed in restaurants throughout The Golden Horseshoe with qualified certified chefs.

The Hamilton-Wentworth Catholic District School Board, Hamilton-Wentworth District School Board, The Ministry of Training, Colleges, and Universities (MTCU), and Mohawk College – Cathedral High School Campus have joined forces to offer this opportunity for students who want to pursue a career as a Cook.



Hamilton-Wentworth
Catholic Schools

www.oyaphwcdsb.com



Career as a Cook

To qualify, YOU must:

- Be at least 17 years of age and in your graduating year
- Have at least 26 credits
- Have a passion for working in culinary arts
- Be in good academic standing, including completion of all compulsory courses required for your Ontario Secondary School Diploma
- Have a working knowledge of mathematical concepts and principles
- Be willing to travel to the Mohawk College – Cathedral High School Campus and to a Cooperative Education placement
- Be willing to attend the Mohawk College – Cathedral High School Campus on Monday, Tuesday and Wednesday from mid February to mid June

A limited number of spaces are available.

Program components include:

- Pre-employment orientation and integration sessions at the home school
- 19 weeks at the Mohawk College – Cathedral High School Campus
- 19 weeks at a Cooperative Education placement in the culinary industry

Program Credits/Certification:

- Earn four Cooperative Education credits towards your Ontario Secondary School Diploma.
- Successfully introduced to “Level One” apprenticeship training for Cook at the Mohawk College – Cathedral High School Campus.

A Guidance Counsellor or Cooperative Education teacher must help you to complete an application form and submit all required documents.

This program combines instruction in high school and at the Mohawk College – Cathedral High School Campus and provides a Cooperative Education placement in the food services industry. It is offered in Semester two and is open to students in their graduating year with a minimum of 26 credits.